



## WELCOME

We believe that our residents are central to the care provided, each one being a whole person, a unique individual with differing physical, psychological, social and spiritual strengths.

We believe that our role is to respond when residents, family and friends do not have the necessary strengths, skills and knowledge to assist the residents to fulfil all of their needs of daily living.

In co-ordination with the residents and their family and friends we aim to plan an individual care programme which is flexible and appropriate and meets the needs and wishes of our residents, their families and friends.

We operate a completely open style of management for the benefit of our residents. We encourage our residents and their relatives to seek out the managers, who are always on site, with any requests or suggestions that contribute to the smooth running of the home.

We hold functions throughout the year for both residents and families, creating the opportunity for total integration into the Godolphin community.

**Most importantly, at Godolphin House Care Home, we never forget that life should be FUN!!!**

## CONTACT US...

### **GODOLPHIN HOUSE**

Godolphin Road  
Helston  
Cornwall  
TR13 8QF

Telephone: **01326 572 609**

Email: **[admin@godolphincarehome.co.uk](mailto:admin@godolphincarehome.co.uk)**

Please visit our website:  
**[godolphincarehome.co.uk](http://godolphincarehome.co.uk)**

**AbleCare**

Part of the AbleCare Partnership Group

## GODOLPHIN HOUSE CARE HOME



HELSTON ♦ CORNWALL

*Quality Care of the Elderly*



## OUR CORE VALUES OF CARE ARE...

- ♦ Privacy
- ♦ Dignity
- ♦ Rights
- ♦ Independence
- ♦ Choice
- ♦ Fulfilment
- ♦ Security
- ♦ Respect
- ♦ Equality
- ♦ Fun



## GODOLPHIN HOUSE CARE HOME

Our newly refurbished Godolphin House is situated close to all local amenities within the historic town of Helston. The house itself is a traditional Victorian building and was a hotel for many years. There are 3 spacious lounges and a dining room. We have lift access to all three floors and a new Stannah double chair lift to the top floor.

We have 31 places, comprising of mainly single rooms, many are en-suite as well as luxury suites. The bedrooms are all centrally heated with fitted carpets and curtains and are comfortably furnished, each with its own call bell, T.V. point, telephone point and heating control. Our residents may bring in their own furniture if they wish, together with other items with which to personalise their room.

We operate a No Smoking policy throughout the building with a facility at the rear of the building for residents and visitors.

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## OUR SERVICES

### Personal Services

We have a visiting chiropodist, dentist and optician. The hairdresser visits on a weekly basis. Individual clergy are always welcome at our homes.

### Speciality Meals and Diets

Great care is taken to ensure that there is a varied menu and that all residents' dislikes are noted. The residents are encouraged to request a particular choice if it is not on the menu. Naturally, we are able to cater for individuals with special dietary needs.

Our cook, using fresh local produce, carefully prepares all of our meals and all of our cakes are homemade.

Drinks and snacks are available throughout the day and night. Visitors are welcome to join their relatives for any meals.

We have close communication with the local GPs and District nurses, who will visit any time at our request. We can also arrange domiciliary consultant visits through the GP.

### Social Activities

Our entertainment includes; bingo twice a week, regular in-house entertainment including an organist and singer. We have an increasingly varied social programme throughout the year, which involves both residents and their relatives. Our best day of the year is floral day when one of the dances finishes at the front of Godolphin House.

### Shop

We have a shop trolley, which is available daily.

### Trips Out

We invite our residents to come along on our regular outings by mini bus. We take trips out to tearooms and shops and in the summer we arrange a fish and chips lunch by the sea.

### Visiting

We have an open policy for visiting. Family and friends are always warmly welcomed and a cup of tea or light meals are always available.

When visiting we have ample car parking and the family can use us as a base to shop when visiting.

We also have a bus stop right outside the home.

### Assessment

Our policy is to visit prospective residents in their home or hospital prior to admission, so that the transition can be made smoothly and an accurate assessment of individual needs can be established.

### Respite

We also offer advanced reservation, short stay holiday care. We provide quick & easy check-in, full board, 24 hour personal care and 24 hour emergency assistance. You can stay for just one night or several weeks. So whether your stay is for your carer to have a weekend off or a full holiday break, or for you to recuperate and get your strength back, you can relax in our safe hands.

## ARTICLES OF CARE...

It is the objective of our Care Home to provide care to all residents to a standard of excellence, which embraces fundamental principles of good care practice.

All of our residents shall live in a clean and safe environment and be treated with respect and sensitivity to their individual needs and abilities. Staff will be responsible to the individual needs of residents and will provide the appropriate degree of care to assure the highest possible quality of life within the home.

Our service is designed to achieve the following objectives:

- ◆ To deliver a service of the highest quality that will improve and sustain the residents' overall quality of life.
- ◆ To ensure that the care service is delivered flexibly, attentively, and in a non-discriminatory fashion, while respecting each resident's right to independence, privacy, dignity and fulfilment.
- ◆ To ensure that each resident's needs and values are respected in matters of religion, culture, race or ethnic origin, sexuality and sexual orientation, political affiliation, marital status, parenthood and disabilities or impairments.
- ◆ To ensure that the care service in whole is delivered in accordance with the agreed contracts.

- ◆ To manage and implement a programme of staff planning, recruitment, training and development to enable residents' care needs to be met.
- ◆ To manage the care service efficiently and effectively to make the best use of resources.
- ◆ To ensure all residents receive written information on our home's procedure for handling complaints, comments and compliments and how to use it.

All care staff within our homes will be appropriately qualified to deliver the highest standards of care. A continuous staff-training programme is implemented to ensure that these high standards are maintained in line with the latest initiatives and developments in care practices as may be laid down in appropriate legislation, and registration authority guidelines.

## OUR PRICES...

Our fees are based both on room type and residents' physical care needs. Please contact the Manager to discuss fees and to arrange an assessment of needs.

Fees may be increased periodically, in order to cover increased costs, rather than reduce standards. This will usually be on an annual basis and with one month's notice.

Fees cover the full range of services provided by the home 'in-house'.

This includes:

- ◆ Accommodation
- ◆ All meals
- ◆ Personal laundry services (excluding dry cleaning)
- ◆ The use of all facilities at our Home

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